



THOMAS CHITTENDEN
HEALTH CENTER

Mental Health and Substance Abuse Resources

Crisis

First Call for Chittenden County

Phone: 802-488-7777

<http://www.howardcenter.org/First-Call-for-Chittenden-County>

Crisis line for mental health emergencies.

Howard Center

Chittenden County's mental health agency

Phone: 802-488-6103 / 1-877-217-7019

<http://www.howardcenter.org>

Community mental health agency for all ages; includes assessment and outpatient treatment for both mental health and substance abuse.

Children, Youth, and Family Services

Phone: 802-488-6600

Pine Street Counseling

Phone: 802-488-6100

UVM Medical Center

Psychology Services

Phone: 802-847- 3634

www.uvmhealth.org

Offers psychological services to adults, children, and families including individual, group and family therapy.

Seneca Center*

Phone: 802-847-3333

Partial hospitalization program and intensive outpatient psychiatry program

Psychiatry*

Phone: 802-847-4560 (UHC) / 802-847-0552 (Main Campus)

Including the Adult Psychopharmacological Clinic and Mood and Anxiety Disorders Clinic

Vermont Center for Children, Youth and Families (Pediatric Psychiatry)*

Phone: 802-847-4563

*You will likely need a referral from your Primary Care Provider.

Revised 3/2018

Outpatient Counseling Services (See Counseling Centers sheet)

To search for local mental health professionals for individual counseling, and more visit <http://www.psychologytoday.com>. See Outpatient Counseling Services sheet

Crossroads Program

Phone: 802-288-1087

www.crossroadsvt.com

Intensive Outpatient Program (IOP) and other outpatient services

Substance Abuse Treatment

To search for local and state substance abuse programs visit <http://www.vtaddictionservices.org>.

Outpatient Services:

Day 1 Program

Phone: 802-847-3333

www.uvmhealth.org

The Chittenden Center

Phone: 802-488-6450

www.howarcenter.org

Medication-Assisted Treatment (MAT) Program

Centerpoint

Phone: 802-488-7711

<http://centerpointservices.org>

Adolescent treatment center

Detox/ Residential Programs:

Act One/ Bridge Program (Detox only)

Phone: 802-488-6425

<http://www.howardcenter.org>

Brattleboro Retreat

Phone: 802-258-3700

<https://www.brattlebororetreat.org>

Valley Vista

Phone: 802-222-5201

<http://vvista.net>

Offers Men's, Women's, and Adolescent Programs in Bradford and Vergennes, VT

Serenity House

Phone: 802-446-2640

<http://recoveryhousevt.org>